

AWARDS LISTING
27th ANNUAL ST. PAUL STRASSENLAUF 5K RUN

Top Finishers:

	First Name	Last Name	Age	Time
Top Female Overall:	Shanna	Ambuehl	21	19:55.55
Top Male Overall:	Daniel	Luis	22	15:51.51

Age Group	Gender	Place	FirstName	LastName	Number	Time
09 and under						
	Male					
		1	Justin	McMahon	164	26:34
		2	Justin	Melosi	1584	26:37
		3	Gavin	Kohlbrecher	126	30:02
10-14						
	Female					
		1	Tammy	Cardenas	1600	21:36
		2	Emily	Holtzclaw	99	22:04
		3	Ellie	Imming	102	24:09
		4	Sarahbeth	Wiegman	384	25:10
		5	Morgan	Korte	130	25:45
		6	Abi	Sowash	210	25:51
		7	Aften	Richter	196	26:52
		8	Jessica	Peters	175	27:06
		9	Abby	Melosi	165	27:25
		10	Alexandra	La Porta	145	27:27
		11	Madelyn	Wilke	234	29:03
		12	Olivia	La Porta	146	29:37
		13	Haley	Spellman	420	32:48
		14	Maria	Kreke	135	40:52
	Male					
		1	Kody	Gray	81	19:11
		2	Blake	Kasten	522	19:57
		3	Brennan	Koester	449	20:04

Age Group	Gender	Place	FirstName	LastName	Number	Time
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4	Trey	Hawk	407	21:02
5	Jacob	Troxell	467	22:01
6	Trent	Rakers	190	22:28
7	Adam	Richter	195	22:43
8	Aaron	Elledge	64	22:44
9	Will	Thomae	221	24:32
10	Luke	Thomae	220	25:25
11	Brett	Korte	128	26:17
12	Alex	Edith	61	26:26
13	Eric	Melosi	166	26:35
14	Ben	Foppe	71	26:53
15	Ben	Thomae	218	27:12
16	Sam	Kuhl	141	27:15
17	Mitchell	Duncan	57	27:36
18	David	Kreke	133	36:14
19	Jacob	Ayers	452	38:54
20	Trevor	Clevenger	38	43:52

15-19

Female

1	Amanda	Clevenger	35	26:12
2	Melissa	Walter	461	31:44
3	Samantha	Brooks	460	36:30
4	Tiffany	Reaka	1596	41:07

Male

1	Stanley	Calvin	552	20:21
2	Joshua	Espenschied	506	25:50
3	Joe	Kreke	134	29:03
4	Corbin	Sells	466	30:13
5	Jeffrey	Ortega	586	33:13

20-24

Female

1	Ashley	Wallace	599	25:06
2	Kelli	Levek	589	25:44

Age Group	Gender	Place	FirstName	LastName	Number	Time
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		3	Hannah	Fullgraf	76	26:22
		4	Jamie	Wallace	573	26:32
		5	Jackie	Becker	14	28:37
		6	Sarah	Gross	82	29:01
		7	Caitlin	Diesen	51	31:31

Male

		1	Harry	Senaldi	524	18:57
		2	Daniel	Caballero	1577	21:01
		3	Xavier	Heim	90	21:17
		4	Matt	Levek	588	24:30
		5	Jonas	Noergaaro	580	24:34
		6	Blake	Peterson	177	25:50
		7	Tim	Manville	1579	29:06

25-29

Female

		1	Sarah	Dortch	55	21:24
		2	Jerusha	Saul	537	22:02
		3	Lauren	Nemnich	171	22:31
		4	Kristina	Diaz	49	24:40
		5	Melissa	Olson	550	24:50
		6	Jessie	Logsdon	153	25:12
		7	Jackie	Koerkenmeier	124	25:15
		8	Diane	Nagel	376	25:48
		9	Christy	McCrary	161	26:14
		10	Kristin	Rueter	578	26:44
		11	Jackie	Kutz	144	27:05
		12	Laura	Knebel	121	27:37
		13	Bethany	Riechmann	198	27:39
		14	Kristin	Roberts	201	28:04
		15	Jessica	Plocher	181	28:38
		16	Melanie	Friederich	74	28:56
		17	Tammy	Hannah	87	28:57
		18	Susanne	Michael	168	29:15

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Age Group	Gender	Place	FirstName	LastName	Number	Time
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19	Tara	Rueter	203	30:14
20	Jaimee	Cox	42	31:38
21	Kristin	Kueper	139	31:48
22	Jennifer	Koishor-Ellis	502	33:09
23	Danielle	Koishor	505	33:10
24	Casey	Garrett	563	33:10
25	Julie	Clayton	568	33:11
26	Megan	Crockett	44	33:12
27	Lindy	Grandame	1574	33:15
28	Katherine	Palmer	173	33:15
29	Miranda	Keiser	118	37:19

Male

1	Larry	Huffman	521	16:03
2	Justin	Cox	43	19:28
3	Zach	Knebel	122	20:01
4	Michael	Jacober	1582	21:05
5	Shane	Hannah	86	21:14
6	James	Hesse	95	21:25
7	Dan	Jacober	106	22:00
8	Richard	Heinke	91	23:07
9	Chris	Meeks	551	23:23
10	Lowell	Kircher	567	24:02
11	Joshua	Reising	453	24:31
12	Scott	Koeneman	503	24:44
13	Andy	Abendroth	1	24:59
14	Nathan	Goeckner	484	25:33
15	Brad	Luessenheide	1472	25:53
16	Ben	Erschen	548	26:04
17	Nick	Melosi	572	28:30
18	Lee	Helldoerfer	92	33:59

30-34

Female

1	Lindsay	Espenschied	424	23:50
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Saturday, August 22, 2009

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Age Group	Gender	Place	FirstName	LastName	Number	Time
		2	Cheryl	Varel	1473	24:49
		3	Carrie	Erlinger	69	25:32
		4	Sara	Durham	1570	26:03
		5	Mandi	Hickam	556	26:38
		6	Jamie	Wagner	372	26:54
		7	Gina	Thomilson	223	27:07
		8	Catherine	Jackson	104	28:05
		9	Lauren	Jansen	107	28:18
		10	Julie	Frydrych	457	28:43
		11	Kate	Kapilla	114	29:12
		12	Natalie	Michael	167	29:14
		13	Lisa	Street	216	29:55
		14	Serena	Lintker	431	30:38
		15	Jennifer	Pollard	183	30:39
		16	Jennifer	Manhart	156	31:23
		17	Jessica	Winter	1568	31:50
		18	Laura	Brendel	558	33:18
		19	Rebecca	Ritz	200	33:26
		20	Rebecca	Wathen	476	33:31
		21	Sarah	King	409	33:38
		22	Alicia	Farris	70	33:52
		23	Donna	Kopsic	1474	33:56
		24	Jill	Powers	186	34:00
		25	Amanda	Winters	415	34:03
		26	Sarah	Hapack	88	34:38
		27	Jennifer	Guidry	405	35:48
		28	Karen	Caraway	32	35:52
		29	Kelly	Korte	464	37:14
		30	Angel	Lappe	148	40:39
		31	Becky	Henrichs	367	41:38
		32	Lora	Tebbe	370	42:38
	Male					
		1	Lee	Brendel	526	17:05

Age Group	Gender	Place	FirstName	LastName	Number	Time
		2	Michael	George	78	19:02
		3	Jeff	Dortch	54	20:22
		4	Peter	Deakos	400	21:02
		5	Thomas	Kuhl	142	21:09
		6	Ryan	Goebel	434	21:13
		7	Jason	Pohl	488	21:17
		8	Matt	Espenschied	423	21:38
		9	Chad	Klostermann	1581	21:49
		10	Nathan	Rueter	577	23:00
		11	Kyle	Friederich	73	23:47
		12	Jared	Baer	487	23:59
		13	Andrew	Adams	3	24:39
		14	Ed	Plocher	180	25:57
		15	Matt	Riggins	570	26:57
		16	Josh	Manwaring	564	27:08
		17	Andrew	Wright	236	27:42
		18	James	Coppotelli	531	28:08
		19	Josh	LeMond	151	28:09
		20	Derek	Shook	436	28:36
		21	Jerrold	Brown	29	28:45
		22	Joelle	Macke	154	28:55
		23	Jeremy	Stopka	501	28:58
		24	Michael	Swiney	217	29:01
		25	Kevin	Guenther	535	30:40
		26	Brock	Grandame	1573	31:36
		27	Casey	Lohman	475	31:45
		28	Andrew	Keiser	117	32:51
		29	Nic	Lappe	149	40:39

35-39

Female

		1	Angela	Sabo	422	21:53
		2	Robyn	Kreke	136	22:31
		3	Christine	Clevenger	36	22:37

Age Group	Gender	Place	FirstName	LastName	Number	Time
		4	Tami	Spellman	421	23:42
		5	Stacy	Kneedler	541	25:06
		6	Gretchen	Henderson	94	26:15
		7	Rachelle	Gieseking	1576	26:23
		8	Cheryl	Beckmann	15	27:15
		9	Debbie	Elledge	65	27:23
		10	Kerri	Spies	212	27:35
		11	Regan	Keener	583	27:41
		12	Susan	Altadonna	6	28:19
		13	Stacey	Posey	504	28:57
		14	Amy	Eichholz	63	29:42
		15	Andrea	Thies	549	30:45
		16	Gina	Kuhn	143	30:53
		17	Tammy	Hammack	596	31:10
		18	Kari	Massa	411	32:35
		19	Jennifer	Baker	566	33:11
		20	Stacey	Coppens	425	33:14
		21	Jean	Ess	403	33:52
		22	Sara	Ayers	451	39:03
		23	Amy	Wilkerson	1593	41:08
	Male					
		1	Jackson	Marwa	514	16:49
		2	Jeff	Ortega	587	19:49
		3	Lloyd	Weber	229	20:03
		4	Troy	Hemann	93	20:55
		5	Mark	Bruce	559	21:45
		6	Daniel	Wallace	228	21:47
		7	Chris	Fulkerson	75	21:48
		8	Brian	Hagler	406	22:00
		9	Brian	Eastman	536	22:12
		10	David	Holden	532	22:14
		11	Tim	Baumann	13	23:21
		12	Mike	Cummins	600	23:28

Age Group	Gender	Place	FirstName	LastName	Number	Time
		13	Chris	Pegg	174	23:37
		14	Tony	Ponce	185	23:41
		15	Tom	Petroski	178	24:41
		16	Dan	Thomilson	222	25:11
		17	Eric	Gubera	1595	26:00
		18	Mark	Korte	129	26:21
		19	Jeff	McMahon	163	26:41
		20	Jimmy	Hickam	555	27:00
		21	Scott	Giesecking	1575	27:19
		22	Kevin	Lintker	430	27:42
		23	Kevin	King	408	27:43
		24	Ryan	Kneedler	123	27:51
		25	Mat	Ritz	199	28:15
		26	Kevin	Ertl	416	28:17
		27	Greg	Bruce	562	30:06

40-44

Female

		1	Gina	Dingman	52	22:39
		2	Cheryl	Holtzclaw	98	22:44
		3	Ruth	Hanebrink	85	23:25
		4	Tracy	Johnston	110	24:25
		5	Stacy	Schaller	204	24:28
		6	Kathy	Eller	67	24:55
		7	Deanne	Remmert	581	25:00
		8	Jennifer	Whitten	232	26:10
		9	Sue	Edith	62	26:26
		10	Terri	Hoedebeck	554	27:07
		11	Susie	Brauns	28	27:20
		12	Charlotte	Fraser	1583	28:26
		13	Stacey	Zobrist	240	28:53
		14	Kathy	McCallister	592	28:55
		15	Tammy	Clark	34	29:11
		16	Staci	La Porta	147	29:37

Age Group	Gender	Place	FirstName	LastName	Number	Time
		17	Staci	Brown	30	29:54
		18	Tracey	Streeper	215	30:46
		19	Rebecca	McGinnis	162	31:40
		20	Lori	Kalous	111	33:16
		21	Kim	Yancey	237	33:32
		22	Lisa	Lam	496	33:32
		23	Melissa	Durie	60	35:46
		24	BettyJo	Jagora	528	46:16
	Male					
		1	John	Roth	202	19:11
		2	Brian	Kratz	131	19:28
		3	Thomas	Clevenger	37	19:38
		4	Bud	Barnett	540	21:05
		5	Wade	Koester	450	21:16
		6	Mike	Eller	68	21:43
		7	Greg	Reecht	413	21:59
		8	Rick	Sherman	207	22:08
		9	David	Mollett	598	23:20
		10	Donald	Smith	208	23:46
		11	Todd	Imming	103	24:06
		12	Alan	Sheridan	571	24:07
		13	Matt	Elledge	66	24:24
		14	Scott	Keffer	115	24:44
		15	Todd	Parker	429	25:10
		16	Todd	Schneider	414	25:12
		17	Travis	Hildebrand	512	25:16
		18	Joe	Truong	226	25:57
		19	Randy	Wilson	235	25:58
		20	Brad	Kneedler	542	26:24
		21	Roland	Kreke	137	26:42
		22	Tim	Rakers	189	26:48
		23	Craig	Marti	157	26:51
		24	Rick	Bellm	1572	27:04

Age Group	Gender	Place	FirstName	LastName	Number	Time
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25	Kurt	Peters	176	27:10
26	Jeff	Brauns	27	27:22
27	Dave	Brown	491	28:11
28	Darren	Altadonna	5	28:20
29	Mike	Pollock	300	28:44
30	Dan	Pollock	184	28:51
31	Brian	Zobrist	239	28:53
32	Nick	Duncan	58	29:45
33	Blake	Kohlbrecher	125	30:05
34	Alan	Anderson	8	33:12

45-49

Female

1	Helen	Alexander	4	20:38
2	Becky	Bradley	22	21:20
3	Lori	Vest	509	21:45
4	Barbara	Ambuehl	7	24:14
5	Louella	Hollenkamp	97	26:29
6	Tracy	Lake	593	26:33
7	Terry	Keffer	116	26:54
8	Nancy	Turner	227	28:22
9	Carol	Davis	47	28:48
10	Beth	Eller	1562	29:06
11	Judy	Reutiman	193	29:36
12	Liz	Happold	89	29:36
13	Tammy	Lewis	152	29:58
14	Tina	Bradley	26	30:24
15	Karen	Whaley	493	30:35
16	Julie	Kruckeberg	138	30:52
17	Jean	Sowash	211	33:56
18	Ann	Black	18	35:12

Male

1	Jerry	Holtzclaw	100	18:58
2	Mike	Sanders	539	20:03

Age Group	Gender	Place	FirstName	LastName	Number	Time
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3	Dale	Hoffmann	481	20:18
4	Matt	Swain	1597	21:15
5	Jim	Taylor	590	22:10
6	Keith	Thomae	219	22:11
7	Arthur	Sheridan	543	22:47
8	Glenn	Arnold	519	23:04
9	Jon	Minton	170	23:14
10	Mark	Bradley	25	23:25
11	Ian	Durie	59	23:49
12	Gary	Richter	197	24:18
13	Richard	Sporn	213	24:19
14	Brian	Trout	546	27:55
15	Tim	Eiler	1563	29:05
16	Bill	Foppe	404	29:05
17	Clay	Wiedner	233	29:42
18	Joseph	Wetmore	373	29:44
19	Chris	Duncan	56	29:53
20	Cliff	Couch	41	29:56
21	Kelly	Verfurth	1566	31:47

50-54

Female

1	Ann	Hampel	1578	25:00
2	Jean	Michalak	169	25:37
3	Cathy	Barnes	12	27:02
4	Becky	Ribbing	194	30:50
5	Peggy	Switzer	437	31:12
6	Gitta	Brink	545	33:17
7	Paula	Pisel	547	33:48

Male

1	Tom	Romano	510	19:13
2	Chuck	Frey	72	21:40
3	Gerald	Rehkemper	191	23:39
4	Mark	Atkins	579	23:41

Age Group	Gender	Place	FirstName	LastName	Number	Time
		5	Stephen	Chatfield	399	23:45
		6	Mark	Kettler	119	23:52
		7	Brad	Korte	446	25:08
		8	Doug	White	230	25:17
		9	Mark	Davendonis	46	25:42
		10	Joe	Switzer	438	26:52
		11	David	Jacober	1569	26:58
		12	Kent	White	419	27:38
		13	Donald	Schrader	525	27:52
		14	Michael	Klein	120	27:56
		15	Gerald	Donaldson	53	28:06
		16	Mark	Scheiper	205	28:22
		17	Kevin	Andes	1588	33:00
		18	Steve	Koluch	517	33:17
		19	Robert	Gerl	534	33:18

55-59

Female

1	Diana	Compton	39	25:03
2	Peggy	Goodwin	80	30:23
3	Mary	Dickenson	433	33:16
4	Mary	Severs	206	33:36
5	Paula	Jackson	105	33:57
6	Laurie	Borysewicz	20	35:49
7	Diana	Dussold	1585	36:31

Male

1	Michael	Compton	40	19:23
2	John	Dickey	50	21:52
3	Don	Oplt	172	23:31
4	Dave	McNaughton	553	24:40
5	Raymond	Phelan	179	25:08
6	Mark	Goeddel	79	25:20
7	Mike	Borysewicz	21	29:17
8	Dwain	Chapman	597	31:05

Age Group	Gender	Place	FirstName	LastName	Number	Time
60-69		9	Dennis	Hatch	511	31:07
	Female					
		1	Jan	Daker	527	24:12
		2	Barbara	Pumm	187	32:57
		3	Donna	Springer	428	35:53
		4	Carol	Barr	497	46:20
	Male					
		1	Mike	Toolen	225	20:09
		2	Dan	Hardwick	523	21:29
		3	Neil	Ackerman	2	21:44
		4	Dennis	Wuehler	560	22:19
		5	Mike	Reinhardt	192	23:33
		6	Ken	Sandheinrich	565	24:49
		7	Bill	Beebe	16	25:35
		8	Dick	Jaworski	108	27:41
		9	Jim	Plocher	182	27:49
		10	Thomas	Hill	96	28:05
	11	Thomas	Hesdra	418	28:39	
	12	Lenny	Bruce	561	31:08	
	13	Paul	Starke	1599	33:28	
	14	Michael	Kuhl	140	33:53	
	15	Vernon	Pumm	188	36:12	
	16	Ray	Barr	495	46:22	
70 and Over						
Female						
		1	Dottie	Gray	427	38:46
		2	Vera	Whiteside	231	40:48
Male						
		1	Howard	Gossmeyer	435	29:22
		2	Dick	Aten	11	32:18